

SQUAW VALLEY  
ALPINE MEADOWS  
TRAIL MAP



squawalpine.com



For Resort  
Practices  
and Policies  
Related  
to COVID-19:



Download the Squaw Alpine App for:

- Real-time lift & trail status
- Lift wait times
- Purchase lift tickets, lodging, lessons
- Reserve table, order food
- Track daily & seasonal performance

For iPhone, Android & Apple Watch



Made with 30% post-consumer waste. High recycled fiber content and sustainability credentials. Please re-use and recycle this map.



—Thank you



Map Key

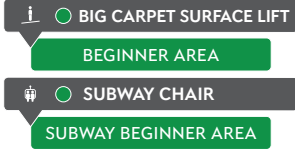
- Express Lift
- Fixed Grip Lift
- Double Chair
- Triple Chair
- Quad Chair
- Six Pack Chair
- Carpet Lift
- Easier
- More Difficult
- Most Difficult
- Parks & Pipes
- Slow Zone
- Ski Area Boundary
- Closed Ski Area Boundary
- Ski Patrol
- Restaurant
- Restroom
- Tickets
- ATM
- Mountain Chapel
- Squaw-Alpine Shuttle

Progression Plans

These are sample itineraries based on skiing and riding ability. For a fun and comprehensive way to discover the best terrain for your ability and style, please consider booking a lesson or guide.

First Time Beginner

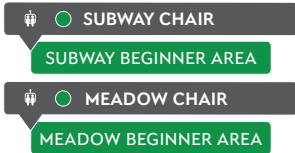
The Big Carpet Surface Lift and Subway Chair are located east of the Main Lodge.



Beginner

Take a few warm-up laps off of the Big Carpet Surface Lift. When you're ready, head to Treeline Cirque Express Chair for intermediate terrain. Be sure to unload at the mid-station!

Ride Roundhouse Express for more intermediate runs.



Intermediate 1

Take a few warm-up laps on Meadow Chair. When you're ready for something more challenging, head to Treeline Cirque Express Chair for intermediate terrain. Be sure to unload at the mid-station!

Ride Roundhouse Express for more intermediate runs.



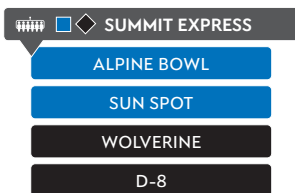
Intermediate 2

Take a few warm-up laps on Treeline Cirque Express and on Weasel Run. When you're ready for something more challenging, ride Treeline Cirque Express Chair to access Sherwood and Lakeview Chairs.



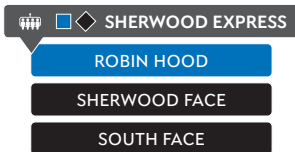
Advanced 1

Take a few warm-up laps on Roundhouse Express. When you're ready for something more challenging, ride Summit Chair. As you get near the top of the chairlift, you will see Alpine Bowl to your left and Wolverine Bowl to your right.



Advanced 2

Take a few warm-up laps on Roundhouse Chair. When you're ready for something more challenging, ride Treeline Cirque to the top station to access Sherwood Express.



FOR MORE INFO 800.403.0206

Ski & Snowboard School Programs

Reservations Required  
Book online or call 1-800-403-0206

Stop by the offices or visit squawalpine.com  
All lessons include priority lift line access

PRIVATE LESSONS

Form your own group of up to five people for the same price

- Customized for adults, kids and families
- 1-hour sessions for 1 kid age 3-4
- 2-hour sessions for 2 kids ages 5-7
- 3-hour sessions for up to 5 adults and kids ages 8+
- Family privates up to 5 people with kids ages 7+

THE NORTH FACE MOUNTAIN GUIDES

- Half day morning or afternoon available
- Every morning half day participant will receive a complimentary soft shell hoodie or item of similar value from The North Face™
- Up to 4 participants ages 13+ for same price
- Led by local guides and athletes

ADULT GROUP LESSONS

- For beginner, intermediate and advanced levels

LEARN TO SKI & RIDE AT ALPINE MEADOWS

- Lift, lesson and rental package for adults and teens.
- Afternoon only, \$130 midweek, \$160 weekend & holidays

SPECIALTY CLINICS

- Alpine Unlimited—a season pass to adult group lessons at Alpine Meadows
- Women of Winter, Wednesdays & Sundays
- Squaw Valley Ski Club, a ski club for adults

KIDS GROUP LESSONS

- For ages 8+, ski and snowboard, all ability levels

ACHIEVE TAHOE

- Instruction for people with disabilities
- Call 530-581-4161 for lessons and information

Rentals, Demo and Repair Locations

SQUAW VALLEY

Base Area

- Ski & Snowboard Rental & Tuning Center
- Ski & Snowboard School Sales & Rental Center
- Village Demo Center

On Mountain

- Gold Coast Demo Center
- ALPINE MEADOWS
- Main Lodge

- Ski & Snowboard Rental, Demo & Tuning Center

Back Side



SQUAW

Dining

The Village

- Auld Dubliner
- Coffeebar Squaw Valley
- Euro Crepes/Euro Snack
- Euro Sweets
- Fireside Pizza Company
- MTN ROOTS Food Truck
- PlumpJack Café
- Rocker@Squaw
- The Slot Bar
- Starbucks
- Tremigo Mexican Kitchen and Tequila Bar
- Twenty-Two Bistro & Bar
- Uncorked Wine Bar

O-House

- KT Base Bar
- Le Chamois
- Oh! Burger
- Plaza Bar

On Mountain

- Gold Coast
- The Arc
- Fun's
- Starbucks

- High Camp
- Granite Bistro
- Marketplace
- The Terrace

Shopping

The Village

- Alice's Mountain Market
- Gallery Keoki
- Kalifornia Jean Bar
- KTees Logo Wear
- Lather & Fizz Bath Boutique
- The Ledge Board Shop
- Mind Play
- The North Face
- Oakley
- Parallel Mountain Sports
- Patagonia
- Spirits of the Valley

- Spruced Gift & Home
- Surefoot Custom Bootfitters
- Village Demo Center
- Village Logo Company
- Wanderlust Yoga Studio

On Mountain

- Gold Coast Demo & Sport Shop
- High Camp Marketplace

Real Estate

- Compass
- Sierra Sotheby's International

ALPINE

Dining

Base Lodge

- Alpine Bar
- The Last Chair
- Meadows Café
- Stoked Oak BBQ
- Treats Café

On Mountain

- The Chalet
- The Ice Bar

(Located near) Achieve Tahoe  
MOGROG Cafe

Shopping

Base Lodge

- Estelle Sports

CONTACTS

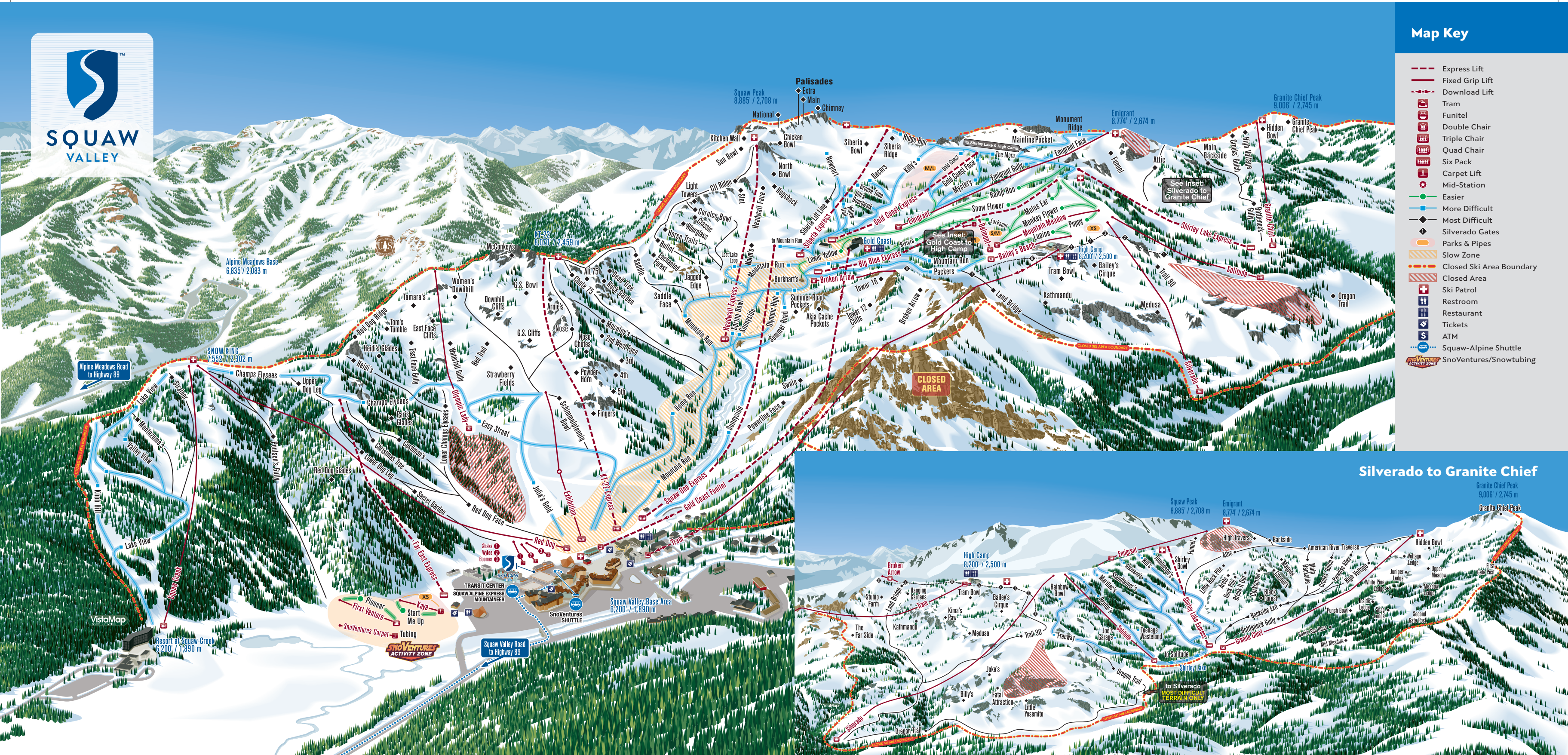
Squaw Valley Emergency  
Alpine Meadows Emergency

- Guest Services | Ski & Snowboard School
- Alpine Kids & Squaw Kids |
- Free Ski Shuttle | Locker
- Squaw Valley Snowphone (lifts/conditions)
- Alpine Meadows Snowphone (lifts/conditions)
- Security
- The Village at Squaw Valley Lodging
- Group Sales
- Achieve Tahoe
- Road Conditions [www.dot.ca.gov](http://www.dot.ca.gov)

530.452.7145  
530.581.8222

800.403.0206  
530.452.4355  
530.452.7180  
888.766.9321  
866.368.1357  
530.581.4161  
800.427.7623





Progression Plans

These are sample itineraries based on skiing and riding ability. For a fun and comprehensive way to discover the best terrain for your ability and style, please consider booking a lesson or guide.

**First Time Beginner**  
Ride the Aerial Tram to High Camp.

- LUPINE
- MOUNTAIN MEADOW
- POPPY
- MONKEY FLOWER
- BAILEY'S BEACH CHAIR
- SHOOTING STAR

**Beginner**  
Ride the Aerial Tram to High Camp for some warm-up laps on Mountain Meadow Chairlift.

When you're ready, take the Belmont lift to Riviera Run to access Big Blue Express.

- BIG BLUE EXPRESS
- SNOW FLOWER
- EASY SLIDER
- MULE'S EAR

**Intermediate 1**  
Ride the Aerial to access Gold Coast Express.

- GOLD COAST EXPRESS
- EMIGRANT GULLY
- MYSTERY
- GOLD COAST FACE
- EMIGRANT CHAIR
- MONUMENT RIDGE

**Intermediate 2**  
Ride the Funitel to Gold Coast Express for some warm-up laps.

When you're ready for something more challenging, head to Siberia Express, located just past Gold Coast.

- SHIRLEY LAKE EXPRESS
- MARILLAC'S
- STANDTEINER'S
- ATKINSON'S
- HILL'S
- TOMLINSON'S

**Advanced 1**  
Take a few warm-up laps on Shirley Lake Express.

When you're ready for something more challenging, head to Siberia Express, located just past Gold Coast.

- SIBERIA EXPRESS
- RIDGE RUN
- KILLY'S
- SIBERIA BOWL

**Advanced 2**  
Take a few warm-up laps on Shirley Lake Express.

When you're ready for something more challenging, ski / ride past the bottom terminal of Shirley Lake Express to get to Granite Chief Chairlift.

- GRANITE CHIEF CHAIR
- MAIN BACKSIDE
- GRANITE ALLEY
- HIGH VOLTAGE

Things To Do

**Aerial Tram to High Camp** Sightseeing, dining, firepits and scheduled entertainment

**SnoVentures** Snowtubing and learning area

**Alpenglow Expeditions** Backcountry tours and courses with certified guides. Call 877-873-5376 or [alpenglowexpeditions.com](http://alpenglowexpeditions.com)

**Wanderlust Yoga Studio** Classes, workshops and retreats

Operations are subject to change due to weather and COVID-19 modifications. Always check [squawalpine.com](http://squawalpine.com) or the Squaw Alpine app for the most up to date information.

Go with a Guide or Instructor

**Take a private lesson or go with a guide**

- No waiting in line
- Your own group of up to five people for the same price
- Friends or family groups
- Personalized attention and the best conditions of the day



Book ahead at [squawalpine.com](http://squawalpine.com)

Learn more about what our guests make possible at [squawalpine.com/community](http://squawalpine.com/community)

COMMUNITY | ENVIRONMENT | LEADERSHIP

SHARE THE MTN

EVERY SKIER & RIDER GETS AT LEAST 15 ft

ALWAYS STAY IN CONTROL AND BE ABLE TO STOP OR AVOID OTHER PEOPLE OR OBJECTS.

SQUAW VALLEY | ALPINE MEADOWS

DEFENSIVE SKIING & RIDING

YOU ARE IN THE DRIVER'S SEAT

- BE READY**
  - To react to the unexpected
  - Know your skills, know the terrain
  - Know your stopping distance
- STAY ALERT**
  - Be aware of your surroundings
  - Maintain a safe following distance
  - Look uphill when merging and yield
  - Head on a swivel-check your blind spots
- PLAN AHEAD**
  - Stay in your lane
  - Give space when passing
  - Check your speed
  - Stop & rest on side of the run

For More Safety Tips Visit:  
[www.squawalpine.com/safety](http://www.squawalpine.com/safety)  
[skicalifornia.org](http://skicalifornia.org)

**Be Safe & Have Fun** Squaw/Alpine works hard to provide a safe, consistent and fun mountain experience. We insist upon personal responsibility and respect for others and our environment. To ensure fun for all, irresponsible behavior such as rude conduct or gestures, defacing property, and violating the standards below, is not tolerated and could result in losing your lift privileges.

- Use caution—snowmobiles, snowcats, and snowmaking may be encountered at any time.
- Always slow your speed when entering a SLOW ZONE. Match your speed to the flow of traffic.
- Ski defensively—expect the unexpected! Rockicles or impossible skiing or riding will not be tolerated.
- You will not be permitted to load a lift or ski/ride a trail if you are visibly under the influence of drugs or alcohol.
- Never duck a roped or signed closure.
- Do not cut in front of others in the lift line.
- Focus on lift loading, not your cell phone or electronic device.
- Do not litter. Recycle bins are at all base lodges.
- No sledding.

- No outside alcoholic beverages, and no open containers in areas other than restaurants and bars.
- No smoking or vaping in public spaces, including lift lines and on lifts.
- Squaw/Alpine is family-friendly. Refrain from using profanity around others.
- Threatening or intimidating behavior, pushing, throwing snowballs, and spraying others with snow is not permitted.
- Properly care for your dog including keeping them on a leash and cleaning up after them.
- Pick up a copy of the Mountain Safety Guide from a Host or Ticket office.

**Trail Rating** Please be advised that trail rating symbols are relative to each ski area's specific terrain. A blue square trail at Squaw/Alpine could be easier or more difficult than a blue square trail at a different resort. No matter your ability, when skiing/riding for the first time on any mountain, start on the easiest runs and work your way up to familiarize yourself with the area.

**Hazards and Obstacles** May exist throughout the season. Flags, fencing, poles, signage and padding are used by the ski area to mark known locations of

potential obstacles and hazards. These markers do not guarantee your safety and will not protect you from injury. As part of "Your Responsibility Code," it is your duty to avoid all obstacles and hazards, including those that are marked.

**CA State Penal Code** The following misdemeanors are punishable by a fine up to \$1000. Violators will lose lift privileges.

- Skiing/riding within or entering a CLOSED area, PC 602c.
- Leaving the accident scene if involved in a collision, except to notify authorities or obtain assistance, PC 653i.

**Ski Area Boundary and Backcountry Access** The area beyond the ski area boundary is not patrolled. There is **no avalanche mitigation**, and hazards are not marked. It is unlawful to cross through closed areas to access terrain beyond the ski area boundary. Please take the time to educate yourself about the risks before entering the backcountry and obey all posted warnings and closures. The backcountry is natural terrain with no ski area services. Rescue, if available, may be slow and costly.

VISIT [SQUAWALPINE.COM/SAFETY](http://SQUAWALPINE.COM/SAFETY) FOR A COMPLETE LIST OF ON AND OFF-HILL STANDARDS.

**Warning: Risk of Avalanche** Snow safety and **avalanche mitigation efforts** help reduce the risk of avalanches. Avalanches and snow slides may occur at ski areas, both inside and outside of the posted boundaries. Avalanches are an inherent risk of the sport due to the nature of snow and its application on steep, mountainous terrain. Become educated on how to reduce the risk of injury or death from avalanches through your own actions and awareness. Visit [avalanche.org](http://avalanche.org) or contact the Ski Patrol for further information on the risks and prevention of avalanche-related injuries or death.

**Snow Suffocation Hazard** Deep snow or tree wells can expose you to the risk of snow immersion injuries or fatalities. Tree wells can persist long after storms. Avoid Tree Wells and Keep your Partner in Sight.

**Parks & Pipes** Freestyle terrain areas are designated with an orange oval and may contain constructed or natural terrain features. Prior to using freestyle terrain, you are responsible for familiarizing yourself with the terrain, and obeying all instructions, warnings and signs. Freestyle skills require you to maintain control on the ground and in the air. Use of freestyle terrain exposes you to the risk of serious injury or death. Inverted aerials are not recommended. You assume the risk.

**Parks & Pipes** Freestyle Terrain has designations for size. Start small and work your way up. Designations are relative to this ski area.

**Kids on Lifts U51**

- We recommend children under 5'1" ride with an adult
- Need help? Ask the Operator to SLOW the Lift
- Keep skis/board straight when loading and unloading
- Sit next to the armrest or an adult
- Sit Back—Hold on tight. No fooling around
- Lower the Bar—Don't lean on the bar
- Wait to lift bar until you reach the top terminal or last tower.

FAILURE TO FOLLOW THESE INSTRUCTIONS COULD RESULT IN A FALL FROM THE CHAIRLIFT!

**Know The Code**

We are committed to promoting safety. In addition to people using traditional alpine ski equipment you may be joined on the slopes by snowboarders, telemark skiers, people with disabilities using specialized adaptive equipment and others. Always show courtesy and be aware that there are elements of risk in skiing/snowboarding that common sense and personal awareness can help reduce. Know your ability level and stay within it. Observe the National Ski Areas Association's "Your Responsibility Code" listed below to ensure a great day on the hill.

- Always stay in control and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- Do not stop where you obstruct a trail or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use retention devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load and unload safely.

Thank You to Our Partners



1 PASS. ICONIC DESTINATIONS. INCLUDING SQUAW VALLEY ALPINE MEADOWS

**IKON PASS** IKONPASS.COM